

If you need help, you can contact the Consulting Centre closest to where you live.

Here is a list of Consulting Centres in the Tuscany Region:
www.regione.toscana.it/-/i-consultori



For further information scan the QRcode

Progetto ICARE

Integration and Community Care for Asylum and Refugees in Emergency

The project aims to improve access to care for applicants and holders of international protection in territorial health services, optimising the reception phase, and ensuring appropriate, effective and adequate responses to the health needs of individual holders and/or applicants for international protection in vulnerable health situations.



The place where we take care of women and family health

Here you will always find acceptance, listening, help, care and prevention, **free of charge.**

Consulting centre



Guide to services

Youth 14-25 years

- ✓ Sex education
- ✓ Contraception
- ✓ Voluntary interruption of pregnancy (L.194)
- ✓ Prevention of sexually transmitted diseases
- ✓ Psychological counselling
- ✓ Social counselling
- ✓ Gynaecological counselling

Maternity

- ✓ Pregnancy
- ✓ Breastfeeding
- ✓ Puerperium
- ✓ Contraception
- ✓ Psychological counselling
- ✓ Social counselling

Women +25 years

- ✓ Oncological prevention (Pap test)
- ✓ Oncological paths
- ✓ Contraception
- ✓ Voluntary interruption of pregnancy (L.194)
- ✓ Menopause
- ✓ Psychological counselling
- ✓ Social counselling
- ✓ Parenting

