

# **Working together to improve the quality of healthcare: 10 years of Cooperation between Kenya and the Tuscany Region**

---

5 September 2017 - Nairobi

***History and evolution of Tuscany Region's initiatives in Kenya***

***The contribution of the:  
Local Health Unit South-East – Tuscany Region***

***Luca Scali***



Regione Toscana



Centro  
Salute Globale

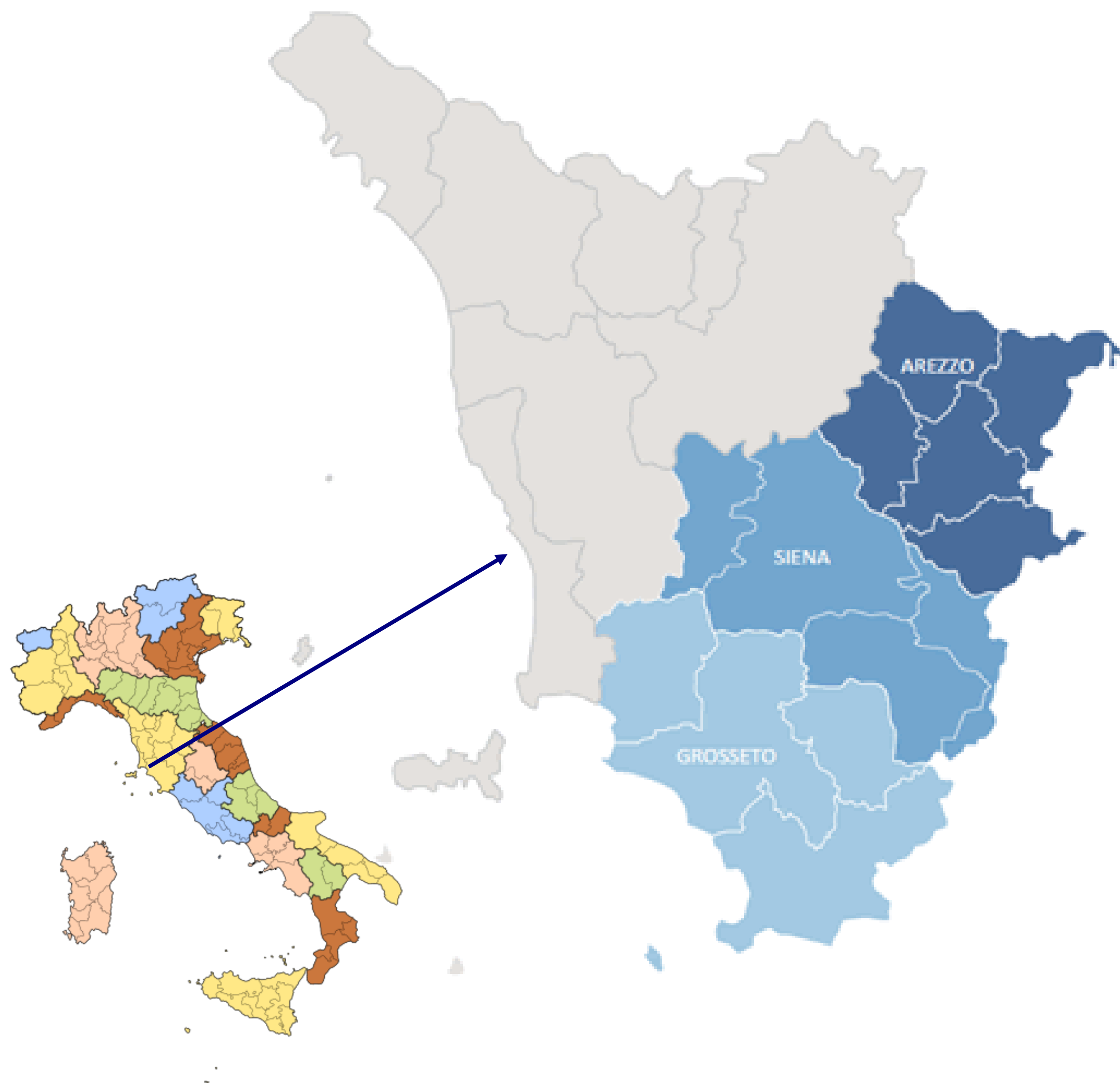


Azienda Ospedaliera  
Universitaria Senese





## Local Health Unit South East – Toscana Region



**The Local Health Unit South East – Toscana Region is partner of two main international projects of cooperation in Kenya:**

- 1) F.A.R.E. (Facility Advancement and Referral Enhancement)**
- 2) Health education and disease prevention in the Slum of Mathare, with particular regard to reproductive health and gender issues.**

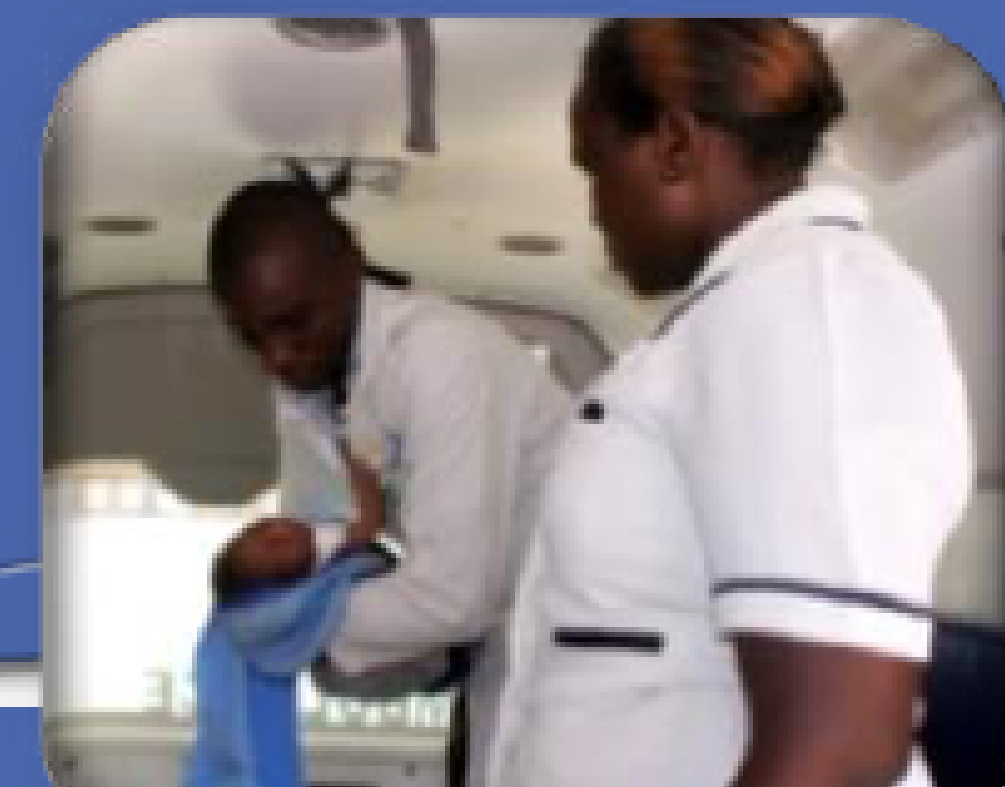


## F.A.R.E. (Facility Advancement and Referral Enhancement)

# F.A.R.E

“Facilities’ Advancement and Referral Enhancement”

Improving the quality and accessibility of essential reproductive health services and referral mechanisms for maternal health emergencies in the North-eastern slums of Nairobi (Kenya) and in the Guraghe Region (Ethiopia)





## **F.A.R.E. (Facility Advancement and Referral Enhancement)**

### **Expected results and activities:**

**A.1 Infrastructure improvement (rehabilitation, equipment, etc.) of Health Centres;**

**B.1 Training of health personnel (clinical, managerial, administrative);**

**B.2 Comparison, Analysis and Update of Clinical Protocols and Standard Operating Procedures (SOPs);**

**C.1 Study of the existing referral system for obstetrical emergencies and their effectiveness;**

**C.2 Supporting and strengthening the referral system for obstetrical emergencies.**





## **F.A.R.E. (Facility Advancement and Referral Enhancement)**

**The initiative has a large and relevant partnership, between Kenya and Ethiopia, which includes:**

- World Friends - (leader)**
- Local Health Unit Toscana South East**
- Ruaraka Uhai Neema Hospital (local counterpart - Kenya)**
- Redeemed Gospel Health Center (local counterpart – Kenya)**
- Engera APC\*\*\***
- Oxfam Italia**
- Eparchy of Emdibir (local counterpart - Ethiopia)**
- Pediatric AIDS Treatment for Africa (local counterpart - Ethiopia)**

**The total value of the project is 400,000 Euros, when Tuscany Region contributes for 50% (200,000 Euros)**





## F.A.R.E. (Facility Advancement and Referral Enhancement)

### Some results in Kenya



- **Improvement of health facilities:**

**Purchase of medical equipment for local clinics and hospitals and new equipment for the ambulances in order to improve the referral process and the patient safety. A new waiting room for children was opened in the “German Doctor - Baraka Health Centre”.**

- **Professional trainings:**

**Training courses for the health personnel were organized; In addition external consultants (Health E Net) contributed to put into practice new protocols to increase the quality of health services.**

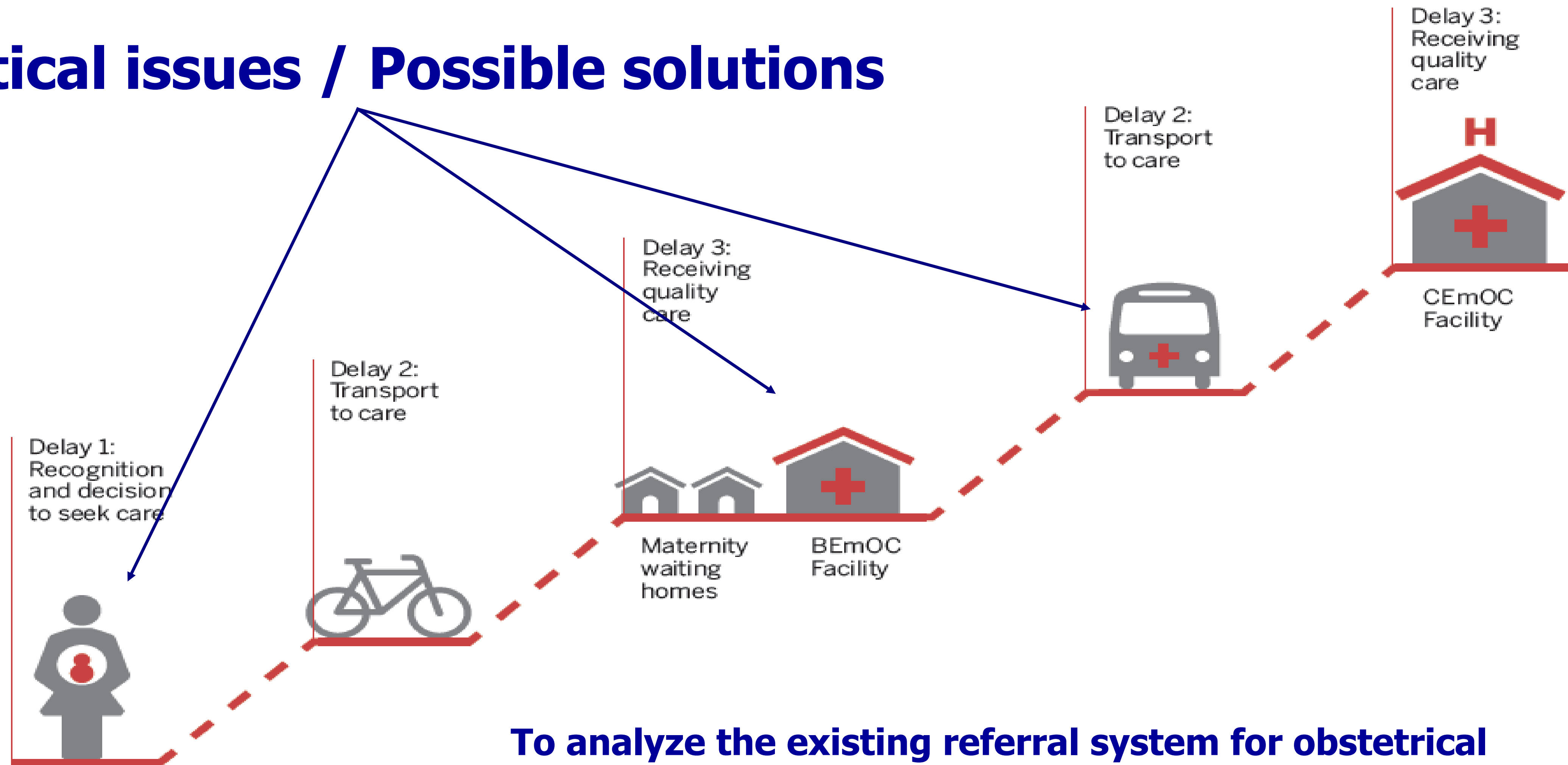
- **Realization of outreach activities in the community:**

**In the slums of Mathare, Babadogo, Korogocho, Huruma e Dandora, the mothers were called to participate to training courses on the theme of nutrition and breastfeeding. All the activities were developed with the support of local Community Health Workers and Social Workers.**



# F.A.R.E. (Facility Advancement and Referral Enhancement)

## Critical issues / Possible solutions



**To analyze the existing referral system for obstetrical emergencies, from the Health Units linked to Ruaraka Uhai Neema Hospital and their effectiveness.**

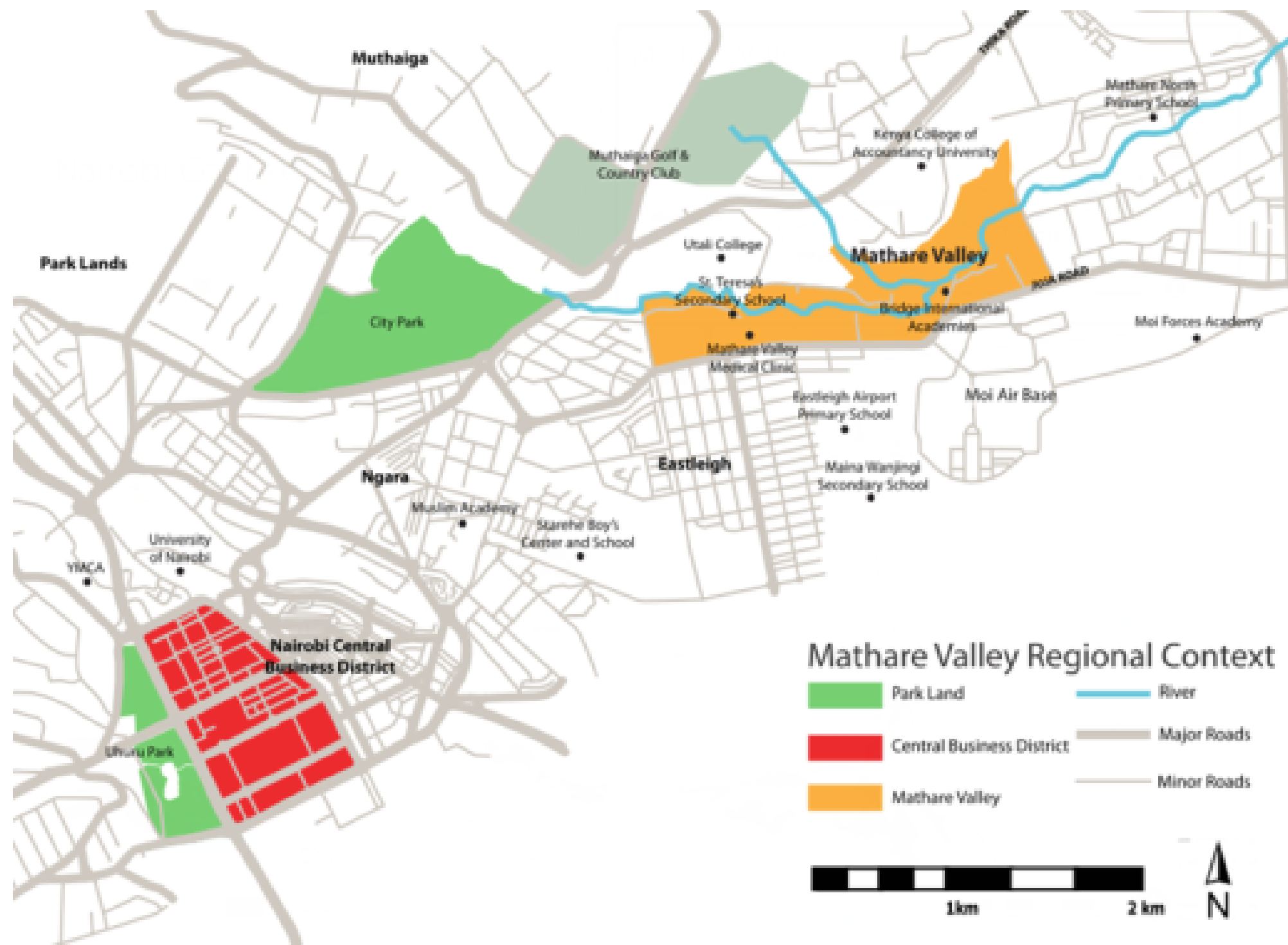
## **Main findings about the attendance of mothers to ANC and delivering in the health units (data collected from interviews)**

- **Quite high number of home deliveries (estimation between 10% and 30 %)**
- **Where the socio-economical level is better the % of home deliveries decrease**
- **Probably some maternal deaths occurring at home are not reported**
- **In case of obstetrical complications during home delivery the mothers often arrive late at the health unit or hospital**
- **Very high influence of traditional beliefs**
- **Important influence of cultural level and poverty (social determinants) for the access to health services and for the health status of the mothers**
- **Fear to be referred to the hospital where sometime the attitude of staff is rude**
- **Fear to be referred to the hospital where there are beliefs that the baby can be stolen or sold**
- **Insecurity at night**
- **Etc.**



# Health education and disease prevention in the Slum of Mathare in Kenya, with particular regard to reproductive health and gender issues.

## A new project



**Project starting date: July 2017**

**Value of the project: Euro 63.180**

**Contribution of Tuscany Region : Euro 30.000**

**Coordinating organization: USL South East  
-Tuscany Region**

**List of the project partners:**

- **World Friends Onlus**
- **Association "Africa & Sport";**
- **Karibu Afrika Kenya;**
- **Azienda Ospedaliera Universitaria Senese**



# **Health education and disease prevention in the Slum of Mathare in Kenya, with particular regard to reproductive health and gender issues.**



## **A.1 Increase of the health education activities for vulnerable minors in Mathare slum**

### **A.1.1 Health Education / Life Skills Education in Schools and at the Sports Academy (WhyNot Academy)**

### **A.1.2 Specific Sessions on Reproductive Health and Gender Equality**



# **Health education and disease prevention in the Slum of Mathare in Kenya, with particular regard to reproductive health and gender issues.**



## **A.2 Better access to basic PHC services for the young of Mathare**

### **A.2.1 Address and referral of children requiring health and/or psychological care**

**(.. domestic violence, possible sexually transmitted infections, use of psychotropic substances, unintended pregnancies, etc) from the territory to**

**PHC services and to Ruaraka Uhai Neema Hospital**



# **Health education and disease prevention in the Slum of Mathare in Kenya, with particular regard to reproductive health and gender issues.**



## **A.3 Improving the infrastructure of the youth gathering sites**

### **A.3.1 Rehabilitation of school and / or sports infrastructures hosting health education / Life Skills activities**



# **Health education and disease prevention in the Slum of Mathare in Kenya, with particular regard to reproductive health and gender issues.**



**B.1 Improved competences of professionals (teachers, coaches, community operators, etc.) in health education, pedagogical support and sport (as a means for social inclusion)**

**B.1.1 Training of relevant socio-sanitary operators and peer-educators in health, pedagogical and sport areas**



Luca Scali



Email: [luca.scali@uslsudest.toscana.it](mailto:luca.scali@uslsudest.toscana.it)

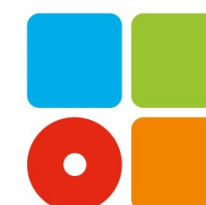


<http://www.centrosaluteglobale.eu>

**Thanks for coming!**



Regione Toscana



Centro  
Salute Globale



Azienda Ospedaliera  
Universitaria Senese

